





Newsletter



The notice for the next semester, winter session 2024: January 8th - March 16th (10 weeks,) will go home with gymnasts from Saturday, November 18th to the 23rd

Registration for Winter session begins on Saturday, November 25th AT 10:00 AM ONLINE. The Winter program will be available to view November 15th 2023.

Link to register: https://celestinapopagymnastics.uplifterinc.com/ Taxes are NOT included. Payment by: VISA/MC

<u>Space is limited.</u> Please register **ASAP**, especially if you have 2 or more children. In the first few weeks, we will NOT have a waitlist, so please register for what is available. Most of the classes are listed at maximum capacity and moving to a different day is very hard if not impossible.

<u>Please register your child in the correct age and level.</u> Children more than 2 months YOUNGER than the requirement for a class will not be permitted to register. Please **do not assume** that your child will move to the next level; they need to be able to perform the necessary skills. If you're not sure, please send an email for confirmation.

ONLY NEW MEMBERS: Must pay the membership fee valid (Sept 1 2023- Aug 31 2024)

Open house on Sunday, November 26th: current members ONLY with valid GBC (no siblings)

Gymnasts will enjoy supervised free-time in the gym using the equipment, the vault, bars, beam, swinging on the rope, tumbling on floor, long trampoline; with 3 important rules: always <u>one at the time</u> on any equipment, always land in their <u>feet</u>, always <u>walking</u> from station to station. You **MUST RSVP** to: celestinapopa@hotmail.com if you plan on attending from 10-10:45 **or** from 11-11:45

The Last week for the Fall semester is from December 11th -December 16th.





