



Celestina Popa Gymnastics Inc. Communicable Disease Plan

Please note: this document is subject to change following provincial health and safety requirements.

This Club Communicable Disease Plan has been approved by Celestina Popa-Toma the owner of Celestina Popa Gymnastics Inc. on 07.04.2022

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A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by Public Health.

Celestina Popa Gymnastics Inc. is committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases. Celestina Popa Gymnastics Inc. will complete the following:

1. Celestina Popa Gymnastics Inc. will support staff who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea);
2. Celestina Popa Gymnastics Inc. will promote hand hygiene by providing hand hygiene facilities such as washrooms and hand-sanitizing stations with appropriate supplies and reminding employees and participants with signage to wash their hands regularly and to use appropriate hygiene practices;
3. Celestina Popa Gymnastics Inc. will maintain a clean environment through routine cleaning processes which will be conducted daily at the end of the day using recommended products by health authorities.
4. Celestina Popa Gymnastics Inc. Ambrosetti Holdings will ensure building ventilation is properly maintained and functioning as designed;
5. To a reasonable extent, Celestina Popa Gymnastics Inc. will support employees in receiving vaccinations for vaccine-preventable conditions;
6. Celestina Popa Gymnastics Inc. is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.