



OPEN HOUSE

Celestina Popa Gymnastics

Sunday, Nov. 26th from 10-10:45 am or 11-11:45am

*Curious to see how your child is progressing in their gymnastics skills? We do not have a viewing area, but you are invited to an **OPEN HOUSE**.*

Please join us for a “members only” (Gymnasts with insurance who have participated in the FALL 2023) plus 2 adult guests max/family. We cannot accommodate siblings. All children who are using the gym equipment must have GBC insurance.

Gymnasts will enjoy free time in the gym using the equipment; the vault, bars, beam, swinging on the rope, tumbling on floor, long trampoline; with 3 important rules:

- 1. always one at the time on any equipment**
- 2. always land on their feet**
- 3. always walk from station to station**

Adults must supervise their children and respect gym rules:

No shoes and no drinks (except for water in the gym). We do not have a water fountain so please bring your own.

You ***MUST RSVP*** to: celestinapopa@hotmail.com if you plan on attending. We need to know the number attending, your gymnast's name/class. Space is limited as we have a maximum capacity in the gym and only so many parking spots available. ***This is first-come, first-served!***

Thank you

