



## ASSUMPTION AND ACKNOWLEDGMENT OF RISKS FOR MINORS

PLEASE READ CAREFULLY

RE: Use of Premises and Equipment of "Celestina Popa Gymnastics Inc."

TO: "Celestina Popa Gymnastics Inc." operating as "Celestina Popa Gymnastics Inc." (referred to in this document as ""Celestina Popa Gymnastics Inc."" and its directors, officers, employees, representatives, officials, landlord and agents (collectively referred to in this document as the "Agents"))

I have read the guidelines and rules issued for the use of "Celestina Popa Gymnastics Inc." 's premises and equipment, which I understand, and I agree to be bound by them. I further agree to acknowledge that:

1. The rules and guidelines governing the use of the premises and equipment are solely for that purpose, that is, for the use of gymnastics activities, and it remains my sole responsibility to act and govern myself in such a manner as to be responsible for my own safety;
2. I am aware of the risks inherent in participating in gymnastics activities and the use of gymnastics premises, facilities and equipment and I assume the risks and waive notice of all conditions, dangers or otherwise relating to or arising out of such use,

### General Gym Rules

- Do gymnastics safely
- Ask your coach's permission before getting on equipment
- Ask your coach's permission before attempting new skills
- Be cautious and aware of your surroundings when moving in gym
- If you leave the class, tell your coach

Date: \_\_\_\_\_

Participant Name: \_\_\_\_\_

Signature of Parent / Guardian:

\_\_\_\_\_

Witness Signature:

\_\_\_\_\_



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